

Patient Details :

Request For :

Clinical Notes :

Referring Doctor's Details :

Copies To :

Doctor's Signature :

Date :

Services :

- ☐ Consultation
- ☐ Transthoracic Echocardiogram
- ☐ Pacemaker Check
- ☐ 24 Hour Holter Monitor

- ☐ Cardiac CT with Pre-scan Consultation
- ☐ ECG
- ☐ Coronary Angiogram
- ☐ Other -

Stress Echocardiogram - Please allow approx 40 minutes for this procedure

You will be exercising for a short period on a treadmill while your heart rhythm and blood pressure are being monitored. Ultrasound images will be taken of the heart before and after exercise. You may be asked to **cease Betablockers 48 hours prior to exercise**, unless otherwise directed by the referring doctor. Do not eat or drink for two hours prior to this test. Please wear comfortable loose clothing, sports shoes or flat soled

Exercise Stress ECG - Please allow approx 30 minutes for this procedure

You will be required to walk on a treadmill while your heart rhythm and blood pressure is being monitored. You may be asked to **cease Betablockers 48 hours prior to exercise**, unless otherwise directed by the referring doctor. Do not eat or drink for two hours prior to this test. Please wear comfortable loose clothing, sports shoes or flat soled walking shoes.

Transthoracic Echocardiogram - Please allow approx 30 minutes for this procedure

This test uses sound waves to obtain moving pictures of the inside of the heart as it beats. *A standard echo can only be claimed once in a 24 month period except for limited specific exemptions documented by Medicare.*

Pacemaker Check - Please allow approx 20 minutes for this procedure

The check-ups are performed in the diagnostic cardiology department by a technician who will have a computer to check to ensure the pacemaker is working properly and can be modified at each appointment to best suit your own heart.

24 Hour Holter Monitor - Please allow approx 10 minutes for this procedure

Holter monitoring lasts for 24 hours and records your heart rate and rhythm. You wear a small recorder and wires run from the recorder to electrodes attached to your chest. You can go about daily activities as you would normally do. Loose fitting clothes need to be worn while wearing the monitor. The only restriction while wearing the monitor is no showering.

Cardiac CT - Please allow approx 30-60 minutes for this procedure

CT stands for Computerised Tomography (also referred to as a CAT scan). CT Scans use x-rays to take pictures from different angles around the body. A computer then takes images and produces cross-sectional sliced images of the body. You may be required to be injected with a contrast or dye, again designed to provide the clear information. You may also be asked to fast for a certain time period.

